

KING COUNTY RESOURCES FOR TEEN PARENTS

THIS LIST WAS LAST UPDATED IN 2012 BY THE KING COUNTY HEALTH DISTRICT. FOR MORE INFO CONTACT: PHALA.CHEA@KINGCOUNTY.GOV

PREGNANCY/PARENTING SUPPORT /FAMILY SERVICES

YMCA Young Parent Program

206.957.2020 800.562.6025 ywcaworks.org

Quarterly parenting classes that meet for 12 weeks, directed at teen parents, case management and support, connections to housing through 211 program.

Amara Choices Program

206.260.1700 amaraparenting.org

8:30am - 5:30pm M-F

Services for any age women and men experiencing an unplanned pregnancy. Adoption and foster care placements in conjunction with DSHS. Choices Program: pregnancy options counseling and social services.

Child Care Awareness of Washington (formally Child Care Resources)

206.329.1011 1.800.446.1114

www.childcare.org 8:30 - 4:30 M-F

Provides child care information and resources for low income women and families including teen parents. Offers education for career as childcare providers and other collaborative work with providers for enrichment to children to make them ready for kindergarten, technical support for providers.

Eastside Baby Corner

425.865.0234 9-5 M-F

PROVIDERS ONLY MAY CALL: Health Dep., Schools, hospitals, public service agencies. Provides essential supplies for infants - 12 year olds, and pregnant moms, teens mom included.

EDUCATION PROGRAMS

Safe Future's Youth Center

206.938-9606 sfyc.net 10-6 M - Thurs.

Provide after school tutoring program, case management, leadership programs for youth ages 13 to 19. Mainly serving Southeast Asian, East African youth and their families.

Youth Source

206.205.3510 youthsource.org 9-5 M-F

Targeting high risk youth 16 - 21 years of age who have not completed high school. GED and college courses at Renton Tech. Employment 18 - 24 year olds, internships, training; Leadership Development - community service, Public speaking. LEAP program, (Learning and Employment to Achieve Potential)- legal advocacy, mentoring, violence prevention. Follow -up Services for up to 12 months after leaving the program.

Seattle Public Library/Central Children's Librarian and Early Learning Program

206.386.4636 spl.org

Books, DVD's, computer access, ESL class, literacy, call branches for their programs. Informational and assistance with children's programs and literature. Help with homework in English or Spanish, computer use, story time with toddlers, ESL

PSESD/Highline Head Start

206.716.8845 psed.org 7am - 6pm M - F

Enhanced head start, regular head start, home visiting head start, early head start.

DSHS PAPERWORK ASSISTANCE

Within Reach

www.parenthelp123.org or www.washingteehelp.org

1.800.322.2588 Family Health Hotline

Health education materials, information for local health resources and a benefits finder for health insurance and food assistance programs. Can apply online for many programs including Basic Food (Food Stamps), Children's Medical (Apple Health for Kids), Pregnancy Medicaid (First Steps), & WIC (Nutrition for Women, Infants and Children).

SUBSTANCE ABUSE TREATMENT

Therapeutic Health Services (THS)

206.322.7676 ths-wa.org 9-6 M-Thurs, 9-5 Friday

Drug and alcohol treatment. Group and family counseling. Relapse prevention, Mental Health Services, including medication management and addiction treatment for clients with co-occurring disorders. Assessment and evaluation. Case management, advocacy and referral services for youth including assessment and treatment. The Encompass Program provides one to one treatment and counseling for children and youth from 12 to 25 years.

HOUSING

Aridell Mitchell/Teen Parent Home

206.323.7409 www.gdassociation.org

Housing for homeless teen moms 17 and younger. Service provided includes parenting classes, life skills and education classes. Access to health care, domestic violence, drug treatment and mental health care.

Friends of Youth Healthy Start Program

425.885.9375 8:30-5 M-F

Housing for pregnant or parenting teens with infants 6 months or less. For teens 22 or younger, 3 year housing program.

COUNSELING/SUPPORT GROUPS

Asian Counseling and Referral Service Child Youth and Family Program (CYS)

8:00 AM - 6:00 PM M –F www.acrs.org

CYF Program provides behavioral health and case management services to youth and their families, primarily in the Asian community.

Atlantic Street Center

206.329.2050 atlanticstreet.org 9-6 M –Th, 9-5 Fri

Counseling and specialized therapy services for low income children, youth and families of color in Seattle's central and SE neighborhoods. Services include a teen parenting and support program, case management, youth development, early learning and counseling services.

MULTI-SERVICE CENTERS

YWCA/King County & Snohomish

Seattle: 206-461-4882

South King County: 425-226-1268 800-562-6025

ywca.org

Housing/shelter for children and youth. Programs focus on parenting, education, employment resources and training programs. Resources for homeless and teen parents.

Friends of Youth Healthy Start Program

425.869.6490 friendsofyouth.org 8:30 - 5 M – F

Supports children, youth to 24 year olds, housing, mental health counseling, drug treatment,. New Ground Program serves homeless pregnant/parenting teens.

RAYS (Renton Area Youth & Family Services)

425.271.5600 rays.org 9-5 M-F

Mental health counseling, drug and alcohol treatment, emergency financial help for youth and families in the Renton and Tukwila area. Healthy Start targets pregnant teens.

Youth Care/Irion Center

206.622.5555 800.495.7802 youthcare.org 8:30-5 M-F

Drop in center, energy services, meals, shelters, emergency housing (no infants-children) case management, , education for homeless teens.

Catholic Community Services

Pregnancy and Parenting Teen Program

206.725.2090 www.ccsww.org 9- 5 M – F

Counseling, family support, adopting placement and planning. Ongoing case management, home visits, resource referrals. Parenting classes -birth to three (English and Spanish.) Help with basic needs, volunteer help with transportation, household needs and emotional support.

Center for Multicultural Health

Infant Mortality Prevention Project

206-461-6910 cmch@cschc.org 9-5 M-F

Serves mainly communities of color, low income, underserved populations. Provides education, outreach, referrals, monthly presentations at South Lake High School, small groups and one on one support.

Southwest Youth & Family Services

206.937.7680 9am- 7pm M – Thurs, 9am – 3pm Friday

Family Center, Counseling, Education Center, Youth Violence Prevention. Teen Parent Advocacy program, advocates that speak Cambodian, Iraqi, Samoan, Somali and Spanish.

Consejo Counseling & Referral Service

206.461.4880 9-5 M-F

Serves predominantly Spanish speaking clients, provides counseling, mental health services, drug treatment, domestic violence services and housing for women fleeing domestic violence. Has youth program that provides services and case management to youth including pregnant and parenting teens.

